

Key Questions to Ask Your Healthcare Providers About Non-Prescription Medications

What are natural health products?

What are over-the-counter medications?

What does [name of product/medication] do for my body? What is the intended effect?

I am taking [name of product/medication] to [reason for taking]. Can I get your thoughts on this?

How do I know if non-prescription medications are safe?

How do I know if non-prescription medications are working?

Will there be any interactions with my other medications?

Where can I find current and reliable information about non-prescription medications?

What are the possible risks, if any?

What can I do to minimize any potential risks?

Are there any non-prescription medications that may be helpful for me given my [health history, other conditions, etc.]?

Do you have other patients with a similar experience who are taking non-prescription medications that work for them?

What is the cost of non-prescription medications?

If I am having negative side effects, what should I do?